



**FEDERATED WOMEN'S INSTITUTES OF ONTARIO
PROVINCIAL CONFERENCE 2010**

HOSTED BY GUELPH AREA WOMEN'S INSTITUTES

CORE COMMITTEE

**Co-Chairs – Glenna Smith - 519-824-0217
Ruth Jones - 519-662-4603
Secretary - Lynn Lodge - 519-822-4809**

August, 2009

Dear Friends:

Do you need a mini-vacation? Or just a chance to be revitalized and to see 'old' friends, as well as to meet new ones? Then plan now to join us at our 2010 Provincial Conference in Waterloo on June 4, 5, and 6. There is a marvellous program lined up for you with lots of **education, entertainment, exercise** and **excitement** awaiting your arrival, at Wilfrid Laurier University, Waterloo.

Bring your hubby or a friend along. You do not have to be a Women's Institute member to attend the Conference: in fact, what a wonderful way to introduce someone to W.I. A full day bus tour has been arranged for Saturday for our men folk or anyone else so inclined. They will be back in time for the banquet.

A full day W.I.-style bus trip is also planned for Friday if you wish to come in the day before or, of course, a Friday afternoon tour is also available.

Please check this package carefully as it contains a lot of important information:
Registration forms, deadlines, competitions (new exciting ones), workshops, a book exchange, tours and much more.

Help us spread the word as you don't want to miss this event. Remember, you can photocopy all the information as often as you wish.

Note: Remember to register before March 1, 2010 in order to qualify for an Early Bird Draw entitling one member to a refund of her registration fee.

See you in Waterloo June 4, 5 and 6, 2010.

For Women Involved,

Glenna B. Smith
Co-Chair

Ruth Jones
Co-Chair

We are as close as the nearest telephone (see above) to answer your questions.

Federated Women's Institutes of Ontario 2010 Provincial Conference

Registration Package

This registration package includes the following information:

1. Registration Form

The Early Bird Registration date is March 1, 2010. All Early Bird registrants will have their names entered in the Early Bird Draw, which will take place Saturday at the Conference. The winner will have the cost of her registration refunded. The Final Registration date is April 1, 2010. Registrations must be received at the FWIO Office by these dates. Registrations are transferable but not refundable. No registrations will be taken at the door. Please copy forms as needed. Final registration details will be mailed in May, 2010.

Accommodation at the King Street Residence consists of an air-conditioned single room with semi-private washroom facilities. If you wish, you may indicate the person with whom you would like to share a washroom. Hangers, towels, and bedding are included. A common lounge and a kitchenette are located on each floor.

Please print all information.

Cheques are to be made out to Federated Women's Institutes of Ontario (FWIO). Please direct any registration questions to Annemarie McDonald, Registration Committee Chair, 905-873-2519 or annemarie4@sympatico.ca.

2. Conference Tours

Something for everyone: an all-day tour on Friday or choose from 2 Friday afternoon tours. An all-day tour on Saturday is planned for companions.

3. List of Workshop Choices

Choose 4 workshops in order of preference from the 10 workshops offered. Register early to ensure that you get two workshops of your choice. The Committee will try to honour your request but substitution may be unavoidable.

4. Guidelines for Competitions

A wide variety of categories that will be of interest to members, as well as one for branches and one for non-WI members of your community.

5. Competitions Entry/Liability Form

Only completed Entry/Liability Forms received by May 15, 2010 will be accepted.

6. Registration Form for Sales and Display Tables

Tables will be available to sell items or to set up displays. The form plus payment must be received by the Committee Chair by April 1, 2010.

BOOK EXCHANGE: Women Informed – Read a Book

In order to meet new people and get a different book to read at the same time, we invite everyone registering for the full conference or for the Friday evening to bring a book to exchange. During Friday evening's reception, everyone will be encouraged to go to the section that best suits their reading interests. There they will meet and discuss the book they have brought along and, hopefully, leave with a 'new to you' book to enjoy on the return home. Sections will include history, science, science fiction, cooking, crafts, fiction, poetry, and other.

Federated Women's Institutes of Ontario 2010 Provincial Conference

REGISTRATION FORM

A Full Registration **\$295**

Includes 2 nights' accommodation, 2 breakfasts, 2 lunches, 2 Saturday breaks, buffet dinner with speaker and entertainment, reception, book exchange, panel presentation, 2 workshops, banquet dinner with keynote speaker and entertainment, interfaith service, complete conference program

B Partial Registration **\$210**

As (A) above but no accommodations and no breakfasts

C Friday Evening Registration **\$ 55**

7:00 pm: Opening Ceremonies including speaker and entertainment, meet and greet reception, book exchange

D Saturday Day Registration **\$ 55**

9:00 am – 5:30 pm: panel presentation and group discussion, 2 breaks, lunch, 2 workshops

E Saturday Evening Registration **\$ 75**

6:30 pm: banquet dinner, keynote speaker and entertainment

F Companion Full Registration **\$295**

As (A) above but Companion Tour in place of Saturday panel and 2 workshops

Registration Category: A__ B__ C__ D__ E__ F__ **\$_____**

Total for Tour(s) Please attach Tour Registration form to this form. **\$_____**

Total Submitted **\$_____**

Workshops: 1st choice ___ 2nd choice ___ 3rd choice ___ 4th choice ___

Mail cheque and registration form to: **Federated Women's Institutes of Ontario**
7382 Wellington Rd. 30, R.R. #5
Guelph ON N1H 6J2

Name: _____

Address: _____

City: _____ **Postal Code:** _____

Phone: _____ **Email:** _____

Emergency Contact: _____ **Phone:** _____

Dietary Concerns: _____

Special Living Needs: _____

(Optional) I wish to share washroom facilities with:

Name: _____ **Phone:** _____

F. W. I. O. CONFERENCE 2010 TOURS

Friday, June 4, 2010 – All Day Tour – Cost: \$55.00

The **Women's Institute History** bus tour will leave at 9 a.m. from the back of our residence at Wilfrid Laurier University and travel through Cambridge to tour the Adelaide Hunter Hoodless Homestead in St. George and then continue on to the Erland Lee Museum Home in Stoney Creek, where lunch will be served by the Lee Committee. This will be followed by a tour of the Home. Come and see what is being done at our Women's Institute Homes.

Friday, June 4, 2010 – Afternoon Tour – Cost: \$35.00

Pick 1 of 2 options - both coaches leave at 1 p.m. from the back of our residence at Wilfrid Laurier University:

1. A trip to Greenway Blooming Centre and Naturium. See a large variety of butterflies and hummingbirds and a garden centre.
2. A trip to downtown St. Jacobs for shopping. There are quilt, craft and clothing stores.

Saturday, June 5, 2010 – All Day Companion Tour

The **Companion Tour** will leave at 9:30 a.m. from the back of our residence at Wilfrid Laurier University. The bus will travel to St. Jacobs to the Visitor Centre to hear and see The Telling of the Mennonite Story. At the Old Mill there are a number of exhibits - the HO scale Model Railway, Home Hardware, History of Commercial Lighting, and the Maple Syrup Museum. You will also have a tour at the Ontario Veterinary College in Guelph.

The Companion Tour is free to those signing up for the full Registration. Others will pay \$55.00.

If you wish to go on the Friday All Day Tour, you may book a room at the University for Thursday night at a cost of \$45.00 including tax. There are places close by to purchase breakfast.

All money for Tours must be sent with your registration.

Any questions, contact Pauline Weiland, Chair of the Tour Committee

Tel: 519-954-3013 Cell: 519-589-6551 Email: pweiland@rogers.com

Complete, detach, and return with your Registration.

TOUR REGISTRATION

Friday All Day Tour	Yes _____	No _____	Cost: \$55.00
Thursday Night Accommodation	Yes _____	No _____	Cost: \$45.00
Friday Afternoon Tour: Greenway Blooming Centre	Yes _____	No _____	Cost: \$35.00
St. Jacobs Shopping	Yes _____	No _____	Cost: \$35.00
Saturday Companion Tour (Lunch Included)	Yes _____	No _____	
	Cost included in full registration – otherwise		<u>Cost: \$55.00</u>

*** Total for Tours \$**

*** Must be included with registration**

CONFERENCE 2010 WORKSHOPS

We are pleased to be offering 10 exciting new workshops for your pleasure.

Everyone may sign up for 2 workshops, each being 1 ½ hours in length.

Please indicate your 1st, 2nd, 3rd & 4th choice on the registration form.

1. **Loving the Skin You're In** with Diane MacMillan

This workshop looks at style and shape vs. fashion providing tips to enhance the features you love and camouflage the ones you don't. Making the most of what you've got without having to spend a fortune.

2. **Moms Gone Green** with Lisa Andrae

In this interactive workshop they provide 10 simple tips to help reduce your environmental impact and live happier, healthier lives. You even look at eating green and how it affects you personally, locally and globally.

3. **Circle Dancing** with Audrey Fyfe

Have you sat around too long today? Well here is your chance to get up and get moving. No partners or previous experience required. Each dance is taught before you dance. Dress comfortably, casually.

4. **Ontario Christian Gleaners** with Elaine Merkus

Every day we can see images on television of hungry and starving children. Every thirty seconds 8 people will have died from hunger while at the same time thousands of tons of food are wasted. The Ontario Christian Gleaners have found a practical solution. Come and find out how the OCG is using Ontario's surplus to feed the hungry in the world.

5. **Opportunities for Young People in Organic Farming** with Ann Clark

Ann Clark, Associate Professor, Department of Plant Agriculture at the University of Guelph, is a coordinator of the Major in Organic Agriculture. Grazing livestock has been one of her areas of research. She brings a wealth of information to share.

6. **Nothing More Comforting – Our Ancestors' One-Mile Diet** with Dorothy Duncan

Dorothy is an author, historian and international lecturer on Canada's culinary history. The workshop includes samples of historical recipes. Books will be available to purchase.

7. **Gardening – Plant Combinations** with Daisy Moore

This workshop will show you how to combine plants for all season long and keep the flower beds interesting. You will learn about support and companion planting.

8. **Plastic Bag Mats** with Mary Dicky

Find out how to make mats from milk bags. These mats have many uses and also help keep plastic out of the landfill by recycling. Mary, with the help of others, has sent many mats to people in Haiti.

9. **Skin Cancer Prevention and Early Detection, Staying Ahead of the Game** with Dr. Kenneth A. Kobayashi, MD, FRCPC

You will learn about the different types of skin cancers, several different aspects of protecting your skin to prevent sun damage and skin cancers, and raise your awareness of unusual spots on your skin which might be skin cancer.

10. **Vaccinations** - presenter to be confirmed

This workshop will be an open discussion on people's experience with and concerns about vaccinations. What does your doctor say?

COMPETITIONS

FEDERATED WOMEN'S INSTITUTES OF ONTARIO CONFERENCE June 4, 5, 6, 2010

1. WRITING

Topic: My Grandmother, a Woman Informed

Open to: Children - Grades 4 - 8

300 - 500 words

Prize - All children entering will receive a Certificate - 1st Place - \$20.00

Adults - Anyone in your community

500 - 1000 words

Prize - Adult - 1st Place

Subscription to Our Canada

Judged on: Content/research - 50%

Creativity - 30%

Technical - 20%

Each Area will send one child's essay and one adult's essay to Conference.

Each Area will decide how these essays are chosen. We are depending on each Area and District to promote this competition.

Liability forms will be filled out when the essay is delivered to the F.W.I.O. Conference.

2. PHOTOGRAPHY

Theme: Women's Institute member/members having fun!

Page Size: Minimum 8" x 12"

Maximum 12" x 12"

Prize - 1st Place will receive \$25.00

Judged on: Creativity - 60%

Workmanship - 20%

Eye appeal - 20%

Could be more than one photo to fit page size

Must have liability form filled out and sent in by May 15, 2010

3. SEWING/QUILTING

Project: Table Topper or Table Runner

Judged on: Workmanship - 60%

Design - 30%

Colour - 10%

Prize - 1st Place will receive a fabric Gift Basket

Must have liability form filled out and sent in by May 15, 2010

4. SCRAPBOOKING

Topic: Tweedsmuir history from May 2009 - April 2010: A challenge for each Branch

Judged on: Content - 60%

Creativity - 30%

Appearance - 10%

Prize - 1st Place will receive a Tote Bag

Scrapbook to be judged at each DISTRICT ANNUAL in May 2010

Winner to be brought to conference. District must have liability form filled out for their entry

5. KNITTING

Project: Teddy Bears

Pattern will be supplied. If your Branch Secretary does not have a copy check F.W.I.O. web site or call Lynda Alexander at 519-343-2365

All bears will be donated to Canada Comforts. Only one bear per entrant

Bears will not be judged but entrants will have their names submitted for a draw for a Yarn Gift Basket

**FEDERATED WOMEN'S INSTITUTES OF ONTARIO
COMPETITIONS/ENTRY LIABILITY FORM**

NAME: _____

ADDRESS: _____

CITY _____ POSTAL CODE _____

PHONE _____ FAX _____

EMAIL _____

BRANCH _____ DISTRICT _____ AREA _____

ARTICLE(S) ENTERED

1. _____ 3. _____

2. _____ 4. _____

I AGREE NOT TO HOLD THE FEDERATED WOMEN'S INSTITUTES OF ONTARIO, THE ABOVE-NAMED BRANCH, DISTRICT OR AREA, LIABLE FOR LOSS OCCASIONED BY THEFT OR ACCIDENT, OR FOR THE CONDITION OF THE ITEM(S) OR THE NEGLIGENCE OF OFFICIALS OR OTHERS.

ENTRANTS ARE RESPONSIBLE FOR SECURING PERSONAL INSURANCE ON THEIR INDIVIDUAL ARTICLES.

SIGNATURE: _____ DATE: _____

ONLY COMPLETED ENTRY/LIABILITY FORMS RECEIVED BY MAY 15, 2010 WILL BE ACCEPTED.

Mail to: **LYNDA ALEXANDER** TELEPHONE: 519-343-2365
Palmerston, Ontario N0G 2P0 EMAIL: emerson.alexander@hotmail.com

BRING THE ARTICLE(S) TO THE CONFERENCE YOURSELF OR SEND WITH A FRIEND BEFORE 7:00 P.M. FRIDAY JUNE 4, 2010

I WILL BE BRINGING ARTICLE(S) TO CONFERENCE _____

A FRIEND WILL BE BRINGING MY ENTRY(S) NAME _____

NOTE: ALL COMPETITORS WILL MAKE ARRANGEMENTS TO PICK UP THEIR ARTICLE(S) EITHER PERSONALLY OR BY A FRIEND BEFORE 9:30 A.M. SUNDAY, JUNE 6, 2010
INDICATE PICKUP METHOD: PERSONALLY _____

FRIEND'S NAME: _____

FEDERATED WOMEN'S INSTITUTES OF ONTARIO CONFERENCE June 4, 5, 6, 2010

REGISTRATION FORM FOR SALES AND DISPLAY TABLES

The Sales and Displays Committee have tables available for \$20.00 each. If you wish to sell tickets, crafts, or any sales item, or set up a display, please fill in the following form. This form must be mailed to the Committee Chair with payment, as shown below by April 1st, 2010. The tables are eight feet long. People may share a table (4 feet long) at \$10.00. The number available is limited. It is on a first come, first served basis and only available to those who pre-register. Must supply own table covering.

Name: _____

Address: _____ Postal Code: _____

Phone: (____) _____ Fax: (____) _____

Email: _____

Branch: _____ District: _____ Area: _____

Other Organization: _____

Number of tables required: _____ Cheque Enclosed: \$ _____
Cheque payable to Federated Women's Institutes of Ontario

Type of Items To Be Sold Or Displayed:

All tables must be prepaid and tables spoken for before the sales or displays deadline. No group will be allowed to sell items or articles if they arrive at the Conference with sales items and have not preregistered and prepaid for a table.

Hours of Sales: Friday 3:00 p.m. to 6:30 p.m. and after the Reception
 Saturday 8:00 a.m. to 9:00 a.m.
 12:00 noon to 1:30 p.m.
 5:00 p.m. to 6:00 p.m.
 Sunday: 8:00 a.m. to 9:30 a.m. All items to be removed by noon.

Forward cheque payable to Federated Women's Institutes of Ontario with this completed form to:
Everdina Bender,
782 Lavery Street, Listowel, Ontario N4W 3G9
Any questions, telephone: 519-291-1349